

# Round & About

Nether Kellet



## EDITORIAL

The views expressed by contributors are not necessarily those of the editorial team, who reserve the right to edit submissions for reasons of space, content or grammar. Items for publication should bear the name of the author, with address and telephone number - *although this information will not necessarily be printed* (we may need to contact the author for clarification or further information.)

***The final day for submission of items for the next issue – February 2022 – is 10<sup>th</sup> January. Items for inclusion should be submitted to***

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*Remember – this is YOUR magazine. We welcome your views and contributions*

You will also find this edition on the village website <http://www.netherkellet.com/>

### **Cover photo: Holly (Ilex Aquifolium)**

This year, the autumn fruits are super-abundant and many hawthorn, yew and holly trees and bushes are covered in red berries. They are attracting large flocks of birds, particularly, in our area, immigrant fieldfares.

Holly was used as a decoration in the pre-Christian era for celebrations of the winter solstice. The thorns on the leaves were thought to ward off evil spirits.

Holly was later adopted to celebrate Christmas. The spikes on the leaves were said to represent the crown of thorns, the red berries to represent the blood of Christ and the green leaves to symbolise re-growth and re-birth in the Spring.

Apart from its use for decorations holly, when sawn and seasoned, is a hard wood, white in colour. It is used to make a striking contrast with darker woods in cabinet making and in some mathematical instruments.

## Nether Kellet Community Primary School



All of our children had a fabulous time at Borwick Outdoor Centre and were pushed outside their comfort zone with exciting and challenging activities. The Years 1 and 2 children did a wild and windy hill walk and scramble up Farleton Knott as well as activities at the centre. Sycamore Class had a beautiful blue sky day for all of their canoeing, climbing and ropes courses. Beech Class had a rainy day for their archery, ropes course and their canoeing but the children

didn't let the rain get in the way of having a wonderful day! The Centre staff were full of praise for the behaviour and 'can-do' attitudes of the children who impressed both us and them throughout the adventure learning days.



It was 'Yogi Day' on 3 November during which mindfulness and yoga sessions for all classes were held. The children also enjoyed the PTA 'Movie Night' later that same day. 4 November was 'Dress Up as A Creature Day' in aid of the RSPCA and donations of £1 per child were made to the charity which had been chosen by our school council. This linked with 'Call to Earth Day' focused on caring for our planet. We held Parents' Evening on 16 November and a Maths evening for parents of Oak Class the following evening.

Our football team had a very successful afternoon at the Small Schools Tournament on 18 November. They played seven matches and won all of them without conceding any goals! The team have now qualified to represent the district at the County Finals in Fleetwood (for the second year running!) in January.



We have been concerned about some children eating non-healthy snacks at break-time, such as crisps and chocolate bars. We try to develop a healthy attitude

towards food so that treats are occasional rather than regular and hence the emphasis on daily healthy snacks at breaks. To that end we encourage parents to ensure children bring in healthy snacks for break times and have as much healthy food in their lunch boxes as possible too. Years R and 1 are due to do their Bikeability training on 30 November and 1st December.

We are delighted that at last we will be able to have live audiences again for our Christmas productions this year. We have decided to separate the infants and juniors so that the infants do not have such a long evening. The infants' show will be on the 7th December and the juniors will have theirs on the 8th.

We will also again hold our usual concert for residents of the village when the children will sing Christmas songs and carols. Please do come along to this event if you are able – the children love having an audience! It will take place on 14 December at 2pm.

### **Volunteer Helpers**

We are looking for more volunteers to hear children read. If anyone can spare a little time to come into school each week to listen to children read, please do get in touch.

### **Handy Person Needed**

We are also in need of someone who can do odd jobs around the premises, both indoor and out (similar to DIY standard). These jobs can be fitted around other commitments and will be as and when they arise. If you know of anyone who may be interested, please ask them to get in touch.

Nicki Bradbury



## **Nether Kellet Parish Council**

### **Parish Council Playing Field**

Halton FC Juniors continue to use the parish council playing field for a number of their junior football teams. A number of junior teams are now playing regular matches on the playing field.

Unfortunately, a number of members of the general public have been seen allowing their dogs to run freely within the field area. This is not allowed and is extremely inconsiderate given that the playing field is used for football activities as well as other children's general leisure activities. As a result of this the parish council will be erecting a number of signs informing the general public that this is not allowed.

### **Public Rights of Way (PRoW)**

The parish council lengthsman has been carrying out maintenance and repairs to kissing gates and stiles as well as cutting back vegetation to a number of footpaths in the parish. If you are aware of any repairs or maintenance required to PRoW within the parish, please let me know so that I can ask the lengthsman to carry out an inspection.

### **Main Road Solar Powered Speed Indicating Sign (SpID)**

The parish council are currently working with the Lancashire County Council Road Safety Team to enable a third speed identification sign to be erected on the carriageway verge as you drive into the village on Main Road between the existing flashing 20mph school sign and the motorway bridge. The issue preventing the installation at the moment is that the new speed identification sign will need to be synchronised to mirror the speed and time periods when the 20mph School sign is operating. Outside these periods the new speed identification sign will operate in line with the 30mph maximum road speed requirement for the carriageway at that location. Once this issue has been resolved the new speed identification sign can then be installed.

### **Lancaster City Council Customer Services Centres**

The Lancaster City Council customer services centres are located at the Lancaster and Morecambe Town Halls. They are open at these locations between 9am to 1pm Monday to Friday for face-to-face enquiries. The mobile customer services team are also available at the St Nic's Arcade, Lancaster on the 1<sup>st</sup> and 3<sup>rd</sup> Saturday of each month and the Arndale Centre, Morecambe on the 2<sup>nd</sup> and 4<sup>th</sup> Saturday of each month. The Customer Services Team are available to answer any questions or enquiries you may have relating to services provided by Lancaster City Council. Further details and a list of useful contact numbers are available via printed leaflets from the Village Hall.

Adrian Osmotherley - Nether Kellet Parish Clerk

[netherkelletpc@gmail.com](mailto:netherkelletpc@gmail.com)

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## **Gardening Tips**

### **Plants for winter interest**

#### **Perfumed plants**

Perfume is always welcome at this time of year and the *Sarcococca confusa* in our raised bed at home will soon be flowering and I will smell it every time I go out to the car. Another favourite is *Lonicera* 'Winter Beauty' a deciduous shrub that produces exquisitely perfumed flowers on bare branches from January until May. There is one in the nursery that has been there for many years and its perfume drifts over a wide area. This shrub can be rather boring at other times of year, so one idea is to plant a small growing clematis to climb through it for extra interest in the summer.

#### **Colourful stems**

Although *Cornus* (Dogwoods) don't have a perfume, I still think that they are good in the garden in winter to add interest with their coloured stems, especially on those rare occasions when you see the sun. The sun doesn't have to be very strong for them to stand out against other plants. Red stems of *Cornus alba Sibirica* against evergreen foliage for instance look quite stunning, or choose yellow stemmed *Cornus stolonifera Flaviramea* or black stemmed *Cornus alba Kesselringii* or orange stemmed *Cornus seracea Cardinal*. There are also varieties with variegated white & green leaves in summer & red stems in winter, *Cornus alba Elegantissima* & *Cornus Sibirica Variegata*. *Cornus* 'Midwinter Fire' is a shrubbier variety with stems of red & orange-yellow depending on which side faces the sun. It does need a much drier soil than its relatives that prefer more moisture. It is the new growth that gives the best colour & so we suggest a two or three year cycle of pruning (cutting half or a third of the stems back hard) if you don't want to lose the height on a mature shrub.

Cath Sanderson

### **Nether Kellet Village Hall Committee**

The committee met in very sad circumstances this month. At the beginning of our meeting, we took a few moments to reflect on the loss of Nick Johnson, a member of the committee and chairman of the parish council. Members wanted to express how much we and the village as a whole will miss him. Nick was such a huge presence in the village. He was so passionate about fund raising for the hall and the village play area. He also made a huge contribution to the 'volunteer group for Nether Kellet' during lockdown, joined the weekly covid 19 calls and helped organise the making of PPE for the NHS by local villagers. In addition, he helped to distribute flyers and helped people in the village who were isolating and needed shopping and medication picking up etc. and always made a cheeky remark on the WhatsApp group too!

The committee also discussed improving the car park, path, and seating area during the meeting. We have received a few quotes and hope to go ahead with this.

We will be holding the **Christmas Bingo** on Sunday 4<sup>th</sup> December from 4pm till 6pm. Brownies will be singing during the bingo event and selling reindeer food to raise money for NK Play.

We have now purchased a licence to show streaming and main TV. Look out for World Cup events and possible cinema nights.

### **Hall Hire Revised Prices:**

Day Rate: £10 an hour

Birthday parties/evening events: £100 inc. bar

Christenings: £80 inc. bar

Weddings: TBC

Maria Steele

### **Rainbows & Brownies**

Another busy term for Rainbows and Brownies! Rainbows have been busy working on their First Aid badge and held a hospital for teddies - learning lots of useful skills along the way. Brownies have been busy working on their Charity and Influencer badges by doing some fundraising and promotion for NK Play. They have created a video and written a song which we will be sharing in order to spread the message about the village fundraising for our new playground.



enjoyed a special Viking display from the Crux De Noix Viking re-enactment group which was fantastic. The day ended with all of the Brownies renewing their promise - promising this time to 'serve the King'. I also officially received my leadership qualification!

On 8<sup>th</sup> October, most of our Brownies joined us at Silver Sapling campsite to enjoy a special Viking Day. The girls were able to learn how to cook Viking food, and loved painting shields and learning how to fight like a Viking warrior! We also



For the rest of 2022 we will be continuing with our badge work and are very much looking forward to singing some Christmas carols at the Christmas Bingo event.

Many thanks to all those who have helped us to run sessions this year and we look forward to exciting times, with more challenges and fun to be had in January!

Jayne Crow

## Neighbourhood Watch



### Keeping Children Safe Online

- 1 in 3 young people have seen something worrying or nasty online (used to be 1 in 4)
  - 1 in 3 children have been a victim of cyberbullying
  - Almost 1 in 4 children have come across racist or hate messages online
- In 2020-21 there were over 2,500 Childline counselling sessions about online bullying

One of the most common jobs that we come across on the neighbourhood policing team involving young people are linked to internet safety. In most of those instances, parents are unaware of what their children are doing online or how to check safety settings.

I always insist that privacy and safety settings are on the maximum which can be provided - this can be done on all social media accounts. Some of the measures available are:

- Putting TikTok, Instagram or Twitter accounts on private.
- Making profiles completely unsearchable on websites such as Google, Yahoo or Bing.
- Changing settings so only friends of friends can send friendship requests to your child.
- A setting to allow only friends of the profile can send messages or view content.
- Look through your child's friend or follower list and make sure that everyone is someone that both you and they know.

Radicalisation of children is becoming increasingly prevalent through these websites and profiles without these settings on are targets for groomers.

### Stay safe and warm this winter

Lancashire Fire & Rescue Service has joined forces with energy networks Electricity North West and Cadent, as well as partners including Lancashire Age UK to encourage residents to be safe when heating homes this winter.

It comes as the rise in the cost of living may see households use alternate methods to heat their home, including gas or open fires, log burners or electric heaters.

The 'Be Safe & Save' campaign sees funding from the electricity and gas network operators support the Fire & Rescue Service and Age UK to raise awareness of the risks of using these appliances, share guidance on how to use them safely, and how to keep them maintained.

The advice includes:

- Gas heaters and fires should be well ventilated, maintained regularly and a carbon monoxide alarm should be placed in the room in case of any functional problems and to keep the household safe and healthy.
- Residents who plan to use open fires and log burners should use fireguards to prevent embers spreading to flammable items, while the chimney should also be swept regularly.

- Electric heaters should be kept in good working order and kept away from flammable materials.
- Outdoor heaters, barbeques, hobs or ovens should not be used to keep a room warm and if gas-powered, they pose a carbon monoxide poisoning risk.
- Everyone should ensure that they have working smoke alarms – at least one on each level of the home.

### • **Dark Nights - Cycle Lights**

Cyclists are reminded that front and rear lights **MUST** be used when cycling in the dark. UK law says that it is illegal to cycle on a road or cycleway between sunset and sunrise without lights.

At this time of year it can be dark from 4pm until 8am, so please use your lights! We have been getting numerous reports of cyclists not having any lights on their cycles.

### **Fraud Awareness**

Perpetrators of fraud use many aliases, change mobile numbers and email accounts frequently and in most cases aren't even based in the UK. Action Fraud send through to Lancashire Constabulary on a weekly basis, a list of all victims who live within the Lancashire area (approximately 150 a week), so that the Fraud Safeguarding personnel can assess the most vulnerable and check on their wellbeing. We can assist by giving advice, referring to other partner agencies (eg Age UK, Citizens Advice, Victim Support etc), organise a visit in person or by a Police Community Service Officer (PCSO) or Neighbourhood Police (NHP) to ensure that they are suffering no long-term ill-effects.

### **Remember – the police, or your bank will never:**

- Ask for your personal details
- Ask you to withdraw money
- Ask you to transfer money
- Ask you to purchase high value goods

### **WHAT TO DO IF YOU THINK YOU'VE BEEN A VICTIM OF FRAUD**

If you have any suspicions that you might have fallen foul of a fraudulent act then log it with Action Fraud either by phone **0300 123 2040**, or if you are hard of hearing by textphone **0300 123 2050** or online at [www.actionfraud.police.uk](http://www.actionfraud.police.uk). If the fraud involves your bank details, then also inform your bank immediately.

Steve Marsden

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## County Councillor Phillippa Williamson

### Leader of Lancashire County Council

**Lancaster Rural North** - Arkholme, Borwick, Capernwray, Carnforth, Docker, Millhead, the Kelleys, Priest Hutton, Silverdale, Warton, the Yealands.

**Email:** [Phillippa.Williamson@lancashire.gov.uk](mailto:Phillippa.Williamson@lancashire.gov.uk)

**Facebook:** [www.facebook.com/PhillippaWilliamsonLancasterRuralNorth](https://www.facebook.com/PhillippaWilliamsonLancasterRuralNorth)

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Hello,

Please get in touch if you would like to know more about any of the items covered in this month's update or you would like to receive a copy of the updates directly.

### **Carnforth and Silverdale libraries warm welcome -**

Lancashire County Council's 64 libraries are offering a warm and welcome space for residents in the coming months.

All of the libraries have disabled access and highly skilled staff who are well accustomed to helping customers to access further information and support.

During opening times, all are welcome to call at the library, take a seat and help yourself to a free warm drink. There are also free activities that you might wish to plan your visits around, including Family History and Get Online.



Library Staff are on-hand to help you locate and access any further support needed, including searching for the information or supporting you to access the computers. You can also access a wide range of books, newspapers and magazines and if you are not yet a member, join the library for free, so you can borrow any books to read at home.

Some of the extra support available locally includes the £1million affordable warmth scheme. Working with Cosy Homes in Lancashire, it gives access to home energy support such as boiler and insulation measures.



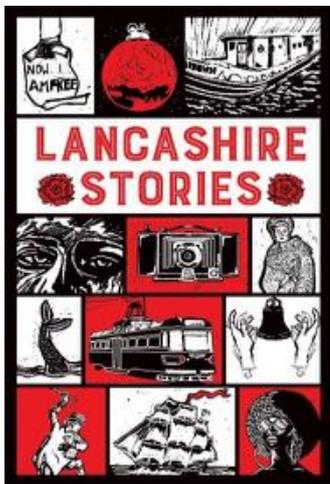
**Other warm spaces grant scheme** - On 18 November the County Council is launching a scheme to enable parish councils and other voluntary and community groups to apply for small grants to help support their own warm spaces initiatives. As part of this any group will be expected to sign up to a Charter designed to help residents know what to expect from warm spaces and organisations to know what to provide, and for those who do sign up a Directory will be created, so that everyone will know where services are available.

**£9.4m Arts Council Investment Programme in Lancashire** - The investment will go to 18 organisations in Lancashire - 8 or those organisations new to the investment programme. Those organisations benefitting locally include The Dukes Playhouse in Lancaster, More Music in Morecambe

The investment is focussed on organisations that support and develop work for children and young people and in skills development, so a long-term investment in our county's talent

**Library Charges** - From 21 November you will be able to pay online for any library charges by logging into your library account at <https://prism.librarymanagementcloud.co.uk/lancashire/>

You can watch a guidance video if you wish at <https://my.nicheacademy.com/lancashire/course/55397>



**Lancashire Stories** - This is a new collection of short stories for the people of Lancashire. Featuring stories from 17 brilliant professional authors,

Around 12,000 physical copies of the anthology, plus an e-book on BorrowBox featuring five bonus stories, have been published and will be available for free from November 2022. You can guarantee your free copy by reserving [here](#).

Starting from Tuesday 29 November, the county council will be launching Lancashire Stories with a series of free to attend events in venues across the county. To reserve your ticket, [click here](#) to see our events page.

There will be plenty of opportunities to get involved, and we will be looking for people to share their Lancashire Stories over the course of the programme. So, don't forget to keep an eye on [#LancashireStories](#) on Twitter for all the latest news

**Lancashire Culture and Sport Fund - Goes live 1 December** - The Lancashire Culture & Sport Fund (LCSF) has been developed to support culture and sport projects in the community.

This is a match-funding programme which follows a community crowdfund model where local pledges are matched to enable community projects to take shape. It will be hosted on the website 'Spacehive.'

To get a pledge from the Lancashire Culture & Sport Fund, projects need to demonstrate broad community support by attracting individual pledges onto their campaign and demonstrate that they will deliver public benefit and not be for the purpose of profit-making activity. Here are some examples of the types of project that might be considered for support:

- Building of new changing rooms for a local football club
- Hiring a public address system to support a band night or sporting event
- Commissioning a mural to improve the indoor space of a village hall
- Building a new entrance at a community hall or sports venue to improve access

Organisations and parish/town councils will be able to apply and the County Council will match project fund donations raised up to a maximum of £5000. The launch on 1 December will include news on the training and support the County Council are providing to help interested groups get started!

**Channel 5 "Cause of Death" show focuses on Lancashire Coroners Court** - You may not be aware that Lancashire Coroner Service is part of the County Council.

A good way to learn more about this essential service is to watch a four-part series entitled "Cause of Death," which aired on Channel 5 over the last 4 weeks but is now available on 'catch up'. The show focuses on Lancashire's Senior Coroner Dr James Adeley and his team and looks into the internal process of how an unexpected death is investigated in Lancashire.



Filming took place over six months and each episode includes two cases, showing how Lancashire County Council, Royal Preston Hospital and Lancashire Police work with the county coroners to investigate deaths. The families of those who lost their life are also featured in the series, speaking about their grief during a very difficult and raw time. It is well worth a watch to learn more about the professional and sensitive way Lancashire Coroners Service go about their work.



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**Winter Service - Keeping Lancashire roads open and traffic moving** - The County Council has a legal duty to ensure, as far as practicable, that people can use the highways safely without being endangered by ice and snow.

So, between 1 October and 30 April, data is gathered each day about road surface temperatures, air temperature, humidity and indications of rain, to decide on whether gritting is necessary.

The Council cannot grit every road in Lancashire. Even if they had the resources needed, they couldn't grit them quickly enough to make a real difference. No council does this. So, of the 4,300 miles of roads across the county, around 1,500 miles are part of the priority road network for gritting and snow clearing. In severe weather gritters are on the road 24/7 if needs be and they always treat the following roads first:

- Non-trunk motorways and A roads – the main routes across the county.
- B roads – other main roads in and out of towns.
- Single routes in and out of all villages.

The gritters will also treat the second most important roads during periods of continuous ice or snow, in daylight hours and after the higher priority roads have been treated.

Highways England is responsible for gritting the M6, M55, M58, M61 and M65 to Junction 10, the A56 between the M66 and M65 and the A585 between the M55 and Fleetwood.

**Getting ready** - Around 24,000 tonnes of salt, located in 7 depots around the county, along with 30,000 litres of liquid de-icer are in stock. 160 staff support the winter service rota, 53 are on call 24/7 and ready to respond as needed. All these staff are employed by the county council and also have daytime roles.

More than 2,600 grit bins/salt piles are in place. 45 front line gritters operate countywide with a reserve fleet of 15. All gritters are paired with a plough for when it snows. These are supplemented by snow blowers, tractors, 4-wheel drive utility trucks, and footway gritting equipment. Satellite navigation and GPS controlled automatic salting systems allow any driver to drive any route. There are also a number of farmers and contractors who have equipment to carry out snow clearing work on roads and help when resources are stretched, mostly on rural roads.

**How much does it all cost?** - Around £4m a year is spent on gritting and snow clearing. However as it is a demand-led service, when the winter weather is more severe, the service will continue to be delivered.

**What we can do** - Take extra care during freezing conditions, just because a road has been gritted doesn't mean it won't be icy. It takes time and the action of tyres to mix the salt with the ice and make it work by lowering the temperature at which the water freezes. Road conditions can vary considerably over quite a short distance so it's vital we use our judgement and drive according to the conditions.

It is worth remembering that there is no law about clearing snow and ice on the pavement outside your property or public spaces. So, it's worth stocking up on salt/grit for your personal use from a range of DIY stores. It's also useful to have a snow shovel, a torch, batteries and a first aid kit handy.

**More information** - The latest news is posted on all the County Councils media channels:

Website - [www.lancashire.gov.uk/winter](http://www.lancashire.gov.uk/winter)

Twitter - [www.twitter.com/lancashirecc](https://www.twitter.com/lancashirecc)

Facebook - [www.facebook.com/lancashirecc](https://www.facebook.com/lancashirecc)

At the November meeting of the County Council Cabinet, decisions will be made on issues including the councils finances, performance and the Councils Environment and Climate Strategy. There is one matter of particular interest in our area – that is the **A601(M) Maintenance Project**.



The County Council has received £9.245m from the Department for Transport to carry out repairs to the A601(M). This will see the road's motorway status removed so it can become an all-purpose dual carriageway with a proposed speed limit of 50mph, and the hard shoulder replaced by grass verges. A number of improvements are also planned to the surface, drainage, and landscaping, along with maintenance to a number of bridges and structures.

The A601(M) was built as part of the original construction of the M6 in the 1960s but was 'bypassed' when the M6 was extended northwards and has received much lower levels of traffic ever since. Its age means that it is now in need of major structural repairs.

The original maintenance scheme proposed replacing the bridge which carries Higher North Road over the A601(M) with a junction at ground level, but Cabinet is being asked to change this aspect of the scheme. This is because the estimated construction costs have increased significantly, meaning this is no longer the best value for money option. The increase in costs is due to inflation affecting the construction industry, and surveys which have found that a high-pressure gas main would need to be diverted to build a new junction at ground level. It is therefore being proposed that the North Road bridge is repaired and refurbished to reduce the future cost of maintenance and enable improvements such as walking and cycling facilities in the future.

The council is awaiting the outcome of its application to revoke the motorway status of the A601(M). Pending a decision by the Secretary of State, the repair scheme is scheduled to begin in summer 2023.



**Lancashire 2050** - The County Council are working in partnership with all 14 other Councils across Lancashire to create a long-term strategic plan for the future of the county.

Lancashire 2050 aims to bring people together with a shared vision, shared ambition, shared goals, and shared priorities.

Initiated by all of Lancashire's 15 councils, but involving everyone with a stake in our county's success, it sets out where we can work together to help our county thrive, seizing opportunities that are bigger than any one institution. By all 15 councils working together it is hoped to deliver more than the sum of the parts, and compete more effectively for national investment and development opportunities.

The framework for action will help to focus on the things that are most important, as well as respond to changing local and global trends, policy mandates and place needs. It will mean Lancashire can speak with one voice when championing our needs in government. For more information about the framework visit [www.lancashire2050.co.uk](http://www.lancashire2050.co.uk)

**Lancashire Day 27 November** - Lancashire has been celebrating this day since 1295 when the first elected representatives from Lancashire were called to Westminster by King Edward the First.

You can learn more of the history and stories of this amazing county and discover why more castles were built in Lancashire than anywhere else and why the King is the Duke of Lancaster and much more by joining one of Lancashire Adult Learning's online free courses. Log on here for more information <https://www.lal.ac.uk>

I hope you found this update interesting and helpful. Please stay connected and stay safe and well.

Best wishes,

**Phillippa Williamson**  
**November 2022**



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## Favourite Recipes

### Chocolate Orange Cheesecake

Preparation time 20 mins plus chilling. Cooking time about 40 mins. Serves 8.

For the base

- 50g butter, melted
- 200g dark chocolate digestive biscuits, finely crushed

For the filling

- 500g cream cheese
- 150ml soured cream
- 200g caster sugar
- 1.5 tbsps plain flour
- 1 tsp vanilla extract
- Zest 1 orange
- 2 medium eggs, separated

To decorate: 150g dark chocolate

1. Grease a 20.5cm springform tin. Mix the melted butter and, crushed dark chocolate digestive biscuits and press into base. Chill for 15mins.
2. Preheat oven to 180C/160C fan, gas mark 4. In a large bowl, whisk together all filling ingredients, except egg whites, until smooth. Whisk the egg whites in a separate bowl until soft peak stage. Use a large metal spoon to mix a spoonful of egg white into the cream cheese mixture, then fold in the remaining egg white.
3. Pour mixture into the tin and level. Bake for 35-40mins, until lightly golden - the filling will firm up on chilling. Leave to cool – it may crack on top, but this will be covered by decoration. Chill for at least 2hrs or overnight.
4. Melt chocolate and pour onto a baking sheet. Chill for 10min, until just set but not solid. Pull a large knife towards you across the chocolate to make a curl. Repeat until you've made enough curls to cover the cheesecake. Take cheesecake out of tin and transfer to a serving plate. Scatter over chocolate curls and serve in slices.

**Per slice:** 710 cal, 7g protein, 51g fat (31g saturates), 55g carbs (44g total sugars), 1g fibre  
Freeze ahead

Prepare to end of step 3 up to 1 month in advance. Wrap tin in cling-film and freeze. To serve, defrost completely in fridge and complete recipe.

### Pear & Ginger Christmas pudding

This is a classic combination – and a worthy finale to a feast. Delightful served with ginger wine.

Preparation time 30min, plus overnight soaking and cooling.

Cooking time about 4.5hr. Serves 8. Best matured, but can be eaten immediately.

#### For the pudding

250g sultanas  
75g dried apricots  
75g dates (stoned)  
75g figs, chopped  
225ml pear cider  
Finely grated zest 1 lemon  
Butter, to grease  
75g vegetarian suet  
100g light brown soft sugar  
2 tsp ground cinnamon  
2 tsp ground ginger  
75g plain flour  
50g fresh white breadcrumbs  
1 large egg  
1 pear, coarsely grated (skin on)  
40g stem ginger (about 2 balls), coarsely grated

#### For the topping

1 pear, peeled & cut into 1cm pieces  
20g stem ginger (about 1 ball), finely chopped  
1 tbsp golden syrup

- 1 For the pudding, put the dried fruit, pear cider and lemon zest into a large non-metallic bowl. Cover and leave to soak overnight at room temperature.
- 2 When fruit has soaked, lightly grease a 1 litre pudding basin with butter. Line base with a disc of baking parchment. Put a large square of foil on top of a square of baking parchment of the same size. Fold a 4cm pleat across the centre of both together. Set aside.
- 3 For the topping, mix together the pear, ginger and golden syrup, then scrape into the prepared pudding basin. Set aside.
- 4 In a separate large bowl, mix together the suet, sugar, spices, flour, breadcrumbs, egg, grated pear, stem ginger and the contents of the soaked fruit bowl. Stir well, then spoon into the prepared pudding basin and level the surface.
- 5 Put the pleated foil and parchment square (foil side up) on top of the basin and smooth down to cover. Tie a long piece of string securely under the lip of the basin, then loop it over again and tie to make a handle. Scrunch in excess foil around the edges, to cover excess parchment paper – this will help to stop moisture getting into the pudding.
- 6 To cook, put a heatproof saucer in the base of a large deep pan. Lower in the prepared pudding and pour in enough water to come halfway up the side of the basin, trying not to get any on top of the pudding. Cover pan with the lid, then bring water to the boil. Turn down heat and simmer gently for 4.5hr, topping up

the water as necessary. Remove pudding from the pan and, if not serving immediately, cool completely, keeping wrapped and tied.

7 When cold wrap entire basin, still with its foil lid, tightly in cling-film and another layer of foil. Store in a cool dark place for up to 2 months.

**Per serving** 407 cal, 5g protein, 10g fat (5g saturates), 71g carbs (58g total sugars), 5g fibre

To reheat on the hob

Remove the top layer of foil, cling-film and pleated lid. Re-cover the top of the basin with a baking parchment and foil lid as before. Using the instructions in step 6, reheat for 1.5hr. Leave to stand for a few minutes, then remove the lid. Invert the pudding onto a lipped plate and peel off the baking parchment disc. Serve.

To flame the pudding

Warm 4tbsp brandy in a small pan. Using a long match, carefully light brandy and pour over pudding.

### **Turkey Biryani**

This dish transforms leftover turkey into something warming and deliciously different. Preparation time 45min, plus soaking and standing.

Cooking time about 1.5hr. Serves 8.

- 500g basmati rice
- 2 tbsp vegetable oil
- 3 large onions, finely sliced
- 6 garlic cloves, crushed
- 6.5cm piece fresh root ginger, finely grated
- 1-2 green chillies, deseeded and finely chopped
- 1 cinnamon stick
- 12 cardamom pods
- 2 tsp garam masala
- 1 tsp turmeric
- 4 tomatoes, roughly chopped
- 250g natural yogurt
- 400g cooked turkey, shredded

To assemble

- Pinch saffron
- 100g butter, melted
- ½ tsp rose water, optional
- 20g flaked almonds, toasted
- Small handful coriander, chopped

For the raita

- ½ cucumber, halved and deseeded
- 250g natural yogurt

- 1 Soak the rice in a large bowl of cold water. Meanwhile, heat the oil in a large deep frying pan, and cook the onions with a large pinch of salt over low-medium heat for 30mins, stirring regularly, until soft and deep golden brown. Transfer to a plate lined with kitchen paper.
- 2 Add the garlic, ginger, chillies and cinnamon stick to the pan, with half the cardamom pods. Cook for 3mins until aromatic; add the ground spices and cook, stirring, for 2mins. Add the tomatoes with a splash of water and cook over high heat for 7-8mins until starting to break down. Stir in the yogurt and remove from the heat. Season. Stir through the turkey and set aside.
- 3 Put the saffron in a bowl and pour over 100ml hot water. Set aside until needed.
- 4 Bring a large pan of salted water to the boil. Drain rice and boil for 4-5mins with the remaining cardamom pods until the rice is just tender but still firm in the middle. Drain well.
- 5 To assemble, pour half the melted butter and 100ml water into a deep casserole dish (that has a tight-fitting lid); spoon in a third of the rice. Stir the rose water into the saffron-infused water and spoon a third of this evenly over the rice. Spread over half the turkey mixture and a third of the onions. Add further layers of rice, saffron-infused water, turkey and onions. Top with the final layer of rice and a sprinkle of saffron water (you should have some onions left; set aside). Drizzle over remaining butter.
- 6 Cover with the lid and put over medium-high heat until you can see steam [water vapour], then turn down to a low heat and cook for 30mins without lifting the lid.
- 7 Meanwhile, coarsely grate the cucumber and squeeze out excess water. Mix into the yogurt with some seasoning. Cover and chill.
- 8 Once the biriyani has finished cooking, leave it off the heat with the lid on for 10mins. Then remove the lid and scatter over the remaining onions with the flaked almonds and coriander. Serve with the raita.

**Per serving** 509 cal, 26g protein, 18g fat (8g saturates), 60g carbs (9g total sugars), 3g fibre

Lesley Williams

## **Nether Kellet WI**

On October 14<sup>th</sup> Terry Bond gave an interesting and informative talk on the Pendle witches. The competition for a witch was won by Jane Storer with a silhouette of a witch and Pat Preston was second.

The Coffee Morning on November 3<sup>rd</sup> was very successful and raised £220 for the Forget-Me-Not Centre at the Hospice for the families of children with cancer who have died.

The meeting on November 11<sup>th</sup> was a well-attended open meeting with the title Tipsyfilly presented by Helen Askew. Helen had come all the way from Cockermouth to tell us about her gin. She makes a rhubarb and citrus gin and a rose and citrus gin, both of which are distilled near Annan. She was a very lively and entertaining speaker with many amusing anecdotes. At the same time, she

prepared three different cocktails with her gin, giving out samples of each to everyone there. It was a very enjoyable and convivial evening.

The next day eleven members attended a taster day in the Village Hall. The morning was spent trying Qigong, the oldest form of Tai Chi, which can be done seated or standing and was very relaxing. After coffee the craft session, organised by Pat Preston, began. Everyone made a jam jar snow scene which could be lit up with a tealight or similar.

Judith

## **Nether Kellet Book Group**

The book group meets on the first Thursday evening of every month and new members are always welcome.

Books we have read this year include Three things About Elsie by Joanna Cannon, Persuasion by Jane Austen, The Citadel by A.J. Cronin, The Clockmakers Daughter by Kate Morton and The Ministry of Utmost Happiness by Arundhati Roy.



We get our books from the library reading group service. If you would like to join or would like to know more about the group, please email Carole at [baynecarole@gmail.com](mailto:baynecarole@gmail.com) for further details.

## **2022 Nether Kellet's Annus Horribilis**

The village has lost another stalwart of our community. Nick Johnson sadly passed away after his long battle with cancer. For those of you who didn't know Nick, he was Chairman of the Parish Council, a member of the village hall committee and chairman of the NK Play committee (set up to raise funds to build a new play area for the village). He readily gave his time for others.

Those of us who either worked, played, drank or argued with him knew him to be a genuinely great bloke. His battle with cancer was not an issue for him; he just got on with what had to be done.

Maggie, Nicola, Hannah, Bethany and Tracy, your loss is shared by all who knew and loved Nick. We will miss him.

Steve Hinde

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### **Christmas Greetings**

Wishing friends new and old a merry Christmas and a happy New Year. From **Tina Stott and family**.

We would like to wish our friends and neighbours in Nether Kellet a very happy Christmas and all best wishes for 2023. Love **Bob and Barbara** xx (we will be making a donation to Cancercare in lieu of sending cards).

**Lynn and Colin Cowell** would like to wish all our friends & neighbours a merry Christmas and a happy New Year. xxx

**Ray and Sheila** would like to wish all our friends and neighbours a very merry Christmas and all the best for 2023.

**Brian and Betty Fountain** would like to wish all our friends and neighbours a very merry Christmas and a happy New year

Merry Christmas and Happy New Year to all our friends and neighbours from **Mick and Diane Proctor**.

### **Forthcoming Events**

4 December, 4pm Village Hall: Brownies singing Christmas songs

12 December, 5pm Village Hall, 5.30pm Hornby Bank: Santa's Sleigh

14 December, 2pm, in NK School: Christmas songs and carols for villagers

## VILLAGE HALL ACTIVITIES

<b>Bowling</b>	Friday Michael Watson: 12 Ashmeadow Road	10.00 - 12.00 noon	<b>734624</b>
<b>Rainbows &amp; Brownies</b>	Thursday Sophie Smalley: <a href="mailto:brownies.netherkellet@gmail.com">brownies.netherkellet@gmail.com</a> Jayne Crow	5.45 - 7.00 pm	<b>07798 876108</b>
<b>WI</b>	2nd Friday in the month Mrs B Bellis: Westlyn, Halton Road	7.30 pm	<b>733445</b>
<b>Quilting Club</b>	Last Saturday in the month Mrs V Atkinson 19 Shaw Lane	10 am - 3 pm	<b>733539</b>
<b>Bacon Butty Brunch</b>	Usually the last Sunday of the month Mrs Maria Steele	11 am - 1 pm	<b>720970</b>

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<b>Booking Clerk</b>	Mrs J Wren: 61 Main Road	<b>07723 303153</b>
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## NETHER KELLET COMMUNITY PRIMARY SCHOOL

<b>Head Teacher</b>	Ms N Bradbury	<b>733778</b>
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Prices are as follows:-full page advertisement £8.00 per edition

half page advertisement £4.00 per edition

## VILLAGE ACTIVITIES ELSEWHERE

<b>Congregational Church</b>	Morning Service 10.45 am Evening Service 6.30 pm Sunday School in Church Hall approx. 11.15 am	
<b>Coffee Morning</b>	2nd and 4th Friday in the month 10.00 - 12.00 noon in the Congregational Schoolroom Jean Towers Muriel Ward	<b>812103</b> <b>737895</b>
<b>St. Mark's Church</b>	Services every Sunday at 9.00 a.m Family Service each fourth Sunday in the month. Vicar - Revd. Peter Hamborg The Vicarage, Main Road, Bolton-le-Sands.	<b>823106</b>
<b>Book Club</b>	1st Thursday in the month 7.30 pm Please email Carole at <a href="mailto:baynecarole@gmail.com">baynecarole@gmail.com</a> for more information	
<b>Mobile Library</b>	Every other Thursday: Hornby Bank 11.05 - 11.15 am approx. Meadowcroft 11.20 - 11.40 am " Village Hall 11.45 - 11.55 am " Laithbutts Lane 12.00 - 12.20 pm "	
<b>Police</b>	Police Station, Lancaster PCSO Paul Shepherd <a href="mailto:Paul.shepherd@lancashire.pnn.police.uk">Paul.shepherd@lancashire.pnn.police.uk</a>	<b>63333</b>
<b>Neighbourhood Watch Co-ordinator</b>	Steve Marsden 19 Bridge Road	<b>730024</b>
<b>Twinning Association</b>	Secretary - Christine Holdsworth Chairman - Liz Brummitt	<b>736179</b> <b>735013</b>
<b>City Councillor for Kellet Ward</b>	Stuart Morris <a href="mailto:smorris@lancaster.gov.uk">smorris@lancaster.gov.uk</a>	<b>409282</b>
<b>County Councillor</b>	Phillippa Williamson <a href="mailto:phillippa.williamson@lancashire.gov.uk">phillippa.williamson@lancashire.gov.uk</a>	<b>221788</b>
<b>Parish Council Deputy Chairman</b>	Mark Winrow	
<b>Parish Clerk</b>	Adrian Osmotherley <a href="mailto:netherkelletpc@gmail.com">netherkelletpc@gmail.com</a>	<b>07916029265</b>



Boxes of Hope, A group of school children holding presents



Brownies at the Silver Sapling Campsite